CATERING BY

au bon pain.

fresh. delicious. delivered.

1-800-765-4227

www.aubonpain.com
platters

ABP MORNING
PASTRY PLATTER

assortment of fresh baked goods and spreads
- bagels: plain (230 Cal), asiago cheese (300 Cal), cinnamon raisin (240 Cal), everything (250 Cal), honey sprouted grain (260 Cal) and sesame (250 Cal)
- muffins: blueberry (480 Cal), corn (470 Cal), double chocolate (580 Cal), pumpkin (570 Cal) NEW!
- croissants: plain (280 Cal), chocolate (470 Cal), apple cinnamon (220 Cal), sweet cheese (410 Cal), almond (500 Cal) and pumpkin (380 Cal) NEW!
- other pastries: sweet cheese danish (410 Cal) and cinnamon roll (550 Cal)
- spreads: butter (60 Cal), jam (35 Cal) & cream cheeses (90 - 150 Cal)

ABP CLASSIC BREAKFAST

- ABP morning pastry platter PLUS
- 96 oz french roast hot coffee
- 1 qt. 100% orange juice

ABP DELUXE BREAKFAST

- ABP classic breakfast PLUS
- fresh fruit platter

BAGELS & SPREADS

- bagels: plain (230 Cal), asiago cheese (290 Cal), cinnamon raisin (240 Cal), everything (250 Cal), honey sprouted grain (260 Cal) and sesame (250 Cal)
- spreads: butter (60 Cal), jam (35 Cal) & cream cheeses (90 - 150 Cal)

SMOKED SALMON AND BAGEL

BREAKFAST SERVICE

assortment of freshly baked bagels, smoked salmon, spreads and accompaniments
- bagels: plain (230 Cal), asiago cheese (290 Cal), everything (250 Cal), honey sprouted grain (260 Cal) and sesame (250 Cal)
- spreads: butter (60 Cal), jam (35 Cal) & cream cheeses (90 - 150 Cal)

accompaniments: smoked salmon, red onions, cucumbers, tomatoes, cream cheese, lemon slices & wasabi sauce (1080 Cal)

ABP SIGNATURE MINI PASTRIES

Assortment of mini sized freshly baked pastries and bagels

mini bagels: plain (120 Cal), asiago cheese (150 Cal), cinnamon raisin (120 Cal) and sesame (130 Cal)

mini croissants: chocolate (230 Cal), apple cinnamon (110 Cal), sweet cheese (190 Cal), raspberry cheese (160 Cal)

Additional nutrition information available upon request.
2000 calories a day is used for general nutrition advice, but calorie needs vary.
ABP BOARDROOM LUNCH
assorted signature sandwiches and wraps, salad, veggie platter, crackers & baguettes accompanied by dessert
- sandwiches (470-700 Cal) and wraps (530-630 Cal)
- garden salad (390 Cal)
- roasted veggie & hummus platter (1170 Cal)
- sweet bites platter (2420 Cal)
- crackers & baguettes (1430 Cal)

DELUXE LUNCH
assorted signature sandwiches, wraps and salad, served with chips, pickles and cookies
- sandwiches (470-700 Cal) and wraps (530-630 Cal)
- garden or caesar salad (390/730 Cal)
- potato chips (130-210 Cal)
- dill pickles (5 Cal)
- freshly baked cookies (290-400 Cal)

CLASSIC LUNCH
assorted signature sandwiches and wraps served with chips, pickles, and cookies
- sandwiches (470-700 Cal)
- wraps (530-630 Cal)
- potato chips (130-210 Cal)
- dill pickles (5 Cal)
- freshly baked cookies (290-400 Cal)

ABP SIGNATURE SANDWICH TRAY
assorted signature sandwiches & wraps
- sandwiches (470-700 Cal)
- wraps (530-630 Cal)

boxed lunches

SANDWICH LUNCH BOX
signature sandwich or wrap, served with potato chips & a freshly baked cookie or whole fruit
- sandwiches (470-700 Cal)
- wraps (530-630 Cal)
- potato chips (130-210 Cal)
- whole fruit (120 Cal)
- freshly baked cookies (290-400 Cal)

SALAD LUNCH BOX
entrée salad served with bread and a freshly baked cookie or whole fruit
- salad (90-300 Cal)
- semolina bread (200 Cal)
- whole fruit (120 Cal)
- freshly baked cookies (290-400 Cal)

add a side to your lunch box!
- mediterranean pasta salad (add 190 Cal)
- fruit salad (add 50 Cal)
- KIND® bar (190/200 Cal)

entrée salads

HARVEST TURKEY (1580 Cal per bowl) serves 5-8
roast turkey with romaine & spinach, cranberries, grapes, Granny Smith apples, walnuts & goat cheese

CHEF’S SALAD (1110 Cal per bowl) serves 5-8
romaine & field greens, all natural turkey, carver ham, applewood-smoked bacon, asiago & tomatoes

GARDEN SALAD (390 Cal per bowl) serves 5-8
field greens, tomatoes, carrots, cucumbers & croutons

CAESAR ASIAGO (650 Cal per bowl) serves 5-8
- vegetarian
  • chicken (1110 Cal)

VEGETARIAN DELUXE SALAD (1070 Cal per bowl) serves 5-8
romaine & field greens, roasted peppers, kalamata olives, feta, tomatoes, cucumbers, carrots, chickpeas & red onions
with chicken (1530 Cal per bowl)

CHICKEN COBB WITH AVOCADO SALAD (1840 Cal per bowl) serves 5-8
chicken, romaine & field greens, fresh avocado, hardwood-smoked bacon, gorgonzola, egg, tomatoes and cucumbers

THAI PEANUT CHICKEN SALAD (950 Cal per bowl) serves 5-8
chicken, romaine & field greens, cucumbers, tomatoes, carrots & crispy wontons

SOUTHWEST CHICKEN SALAD (1480 Cal per bowl) serves 5-8
marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, tomatoes & crispy wontons

All salads served with assorted dressings: avocado green goddess (140 Cal), balsamic vinaigrette (80 Cal), caesar (190 Cal), lite citrus lime (110 Cal), ranch (180 Cal), thai (120 Cal)

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<table>
<thead>
<tr>
<th>Signature Sandwiches</th>
<th>Cal</th>
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</thead>
<tbody>
<tr>
<td><strong>HERB CHICKEN SALAD SANDWICH (470 Cal)</strong></td>
<td></td>
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<tr>
<td>chicken mixed with ABP signature herb blend &amp; avocado dressing, tomatoes, cucumbers, shredded carrots &amp; field greens on semolina bread</td>
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<tr>
<td><strong>TURKEY CLUB (600 Cal)</strong></td>
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<tr>
<td>turkey with cheddar, hardwood-smoked bacon, tomatoes, field greens &amp; mayo on country white</td>
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<tr>
<td><strong>TWO TOMATO CAPRESE (500 Cal)</strong></td>
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<tr>
<td>fresh mozzarella, fresh tomatoes, tomato bruschetta, arugula, fresh basil &amp; balsamic glaze on ciabatta</td>
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<tr>
<td><strong>TWO TOMATO CAPRESE WITH CHICKEN (600 Cal)</strong></td>
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<tr>
<td><strong>CHIPOTLE BLACK BEAN BURGER WITH AVOCADO (690 Cal)</strong></td>
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<tr>
<td>cheddar, fresh avocado, pickled red onions, tomatoes &amp; chipotle mayo on ciabatta</td>
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<tr>
<td><strong>CHIPOTLE TURKEY &amp; AVOCADO (700 Cal)</strong></td>
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<tr>
<td>turkey, fresh avocado, cheddar, tomato bruschetta, arugula &amp; chipotle mayo on ciabatta</td>
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</tr>
<tr>
<td><strong>CHICKEN &amp; AVOCADO (600 Cal)</strong></td>
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<tr>
<td>chicken with fresh avocado, hardwood-smoked bacon, tomatoes, field greens &amp; basil aioli on rustic baguette</td>
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<tr>
<td><strong>TURKEY &amp; SWISS (670 Cal)</strong></td>
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<tr>
<td>turkey with swiss, tomatoes &amp; honey pecan spread on multigrain baguette</td>
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<tr>
<td><strong>TUNA SALAD (480 Cal)</strong></td>
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<tr>
<td>tuna, ABP signature herb blend with mayo, cucumbers, tomatoes &amp; field greens on sprouted grain</td>
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<tr>
<td><strong>HAM &amp; TWO CHEESE (590 Cal)</strong></td>
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<tr>
<td>ham with cheddar, swiss, tomatoes, arugula &amp; dijonaise on rustic baguette</td>
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<tr>
<td><strong>BLACK ANGUS ROAST BEEF &amp; CHEDDAR (580 Cal)</strong></td>
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<tr>
<td>roast beef with cheddar, pickled red onions, tomatoes, field greens &amp; dijonaise on multigrain baguette</td>
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<table>
<thead>
<tr>
<th>Wraps</th>
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<tbody>
<tr>
<td><strong>THAI PEANUT CHICKEN (540 Cal)</strong></td>
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<tr>
<td>chicken with tomatoes, cucumbers, carrots, crispy wontons, romaine, field greens &amp; thai dressing</td>
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<tr>
<td><strong>HARVEST TURKEY (630 Cal)</strong></td>
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<tr>
<td>turkey with apples, cranberries &amp; walnuts mixed with mayo, cheddar, romaine &amp; balsamic glaze in a whole wheat wrap</td>
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<tr>
<td><strong>CHICKEN CAESAR (540 Cal)</strong></td>
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<tr>
<td>chicken with asiago, romaine &amp; cesar dressing</td>
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<tr>
<td><strong>VEGGIE &amp; HUMMUS (540 Cal)</strong></td>
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<tr>
<td>hummus, cucumbers, tomato bruschetta, carrots, chickpeas, romaine, field greens, fresh basil, feta &amp; balsamic vinaigrette in a whole wheat wrap</td>
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<tr>
<td><strong>NAPA CHICKEN WITH AVOCADO (530 Cal)</strong></td>
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<tr>
<td>chicken with fresh avocado, tomatoes, cucumbers, romaine, basil aioli &amp; lemon vinaigrette</td>
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**Individual Bags of Chips**

- ABP Original Potato Chips (210 Cal)
- ABP Original Barbeque Chips (200 Cal)
- ABP Original Salt & Vinegar Chips (200 Cal)
- Baked Lays (130 Cal)
- Skinny Pop Popcorn (100 Cal)
- Mini-Pretzels (110 Cal)
- Food Should Taste Good Multigrain (210 Cal)

Selections may vary from café to café.

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side salads

**MEDITERANEAN PASTA SALAD** (320 Cal per serving)  serves 5
roasted red peppers, kalamata olives, feta, fresh basil, tomato bruschetta and balsamic vinaigrette

**CAPRESE** (270 Cal per serving)  serves 5
red ripe roma tomatoes & fresh mozzarella, sprinkled with salt & pepper, drizzled with light vinaigrette dressing

**CUCUMBER & TOMATO** (40 Cal per serving)  serves 5
red ripe roma tomatoes, cucumbers, carrots, red onions and a splash of lemon juice

**ROASTED ASPARAGUS** (70 Cal per serving)  serves 5
roasted asparagus with almonds & feta

**FRESH FRUIT PLATTER** (620 Cal per platter)  serves 5-8
a selection of seasonal fresh fruit

**BREAD BASKET** (1580 Cal per basket)  serves 5
fresh bread sticks and baguettes

soup

**SPECIALTY SOUP**  serves 8
accompanied by basket of freshly baked breadsticks and baguettes (1580 Cal per basket)
- beef & vegetable stew - 64 fl oz (1840 Cal)
- chicken & vegetable stew - 64 fl oz (1760 Cal)
- macaroni & cheese - 64 fl oz (4720 Cal)
- turkey chili - 64 fl oz (1760 Cal)

**SOUP**  serves 8
accompanied by basket of freshly baked breadsticks and baguettes (1580 Cal per basket)
- broccoli cheddar - 64 fl oz (1760 Cal)
- chicken noodle - 64 fl oz (640 Cal)
- clam chowder - 64 fl oz (1840 Cal)
- baked stuffed potato - 64 fl oz (2080 Cal)

Many more to choose from. Ask about our weekly options.

party platters

**ABP SIGNATURE ROASTED VEGGIE & HUMMUS PLATTER** (2600 Cal per platter)  serves 5-8
sprinkled with feta, served with crackers & baguettes

**ASSORTED FINGER SANDWICHES** (2360 Cal per platter)  serves 8
bite-sized sandwiches on freshly baked rustic and multigrain baguettes
- turkey & swiss (670 Cal)
- ham & two cheese (590 Cal)
- two tomato caprese (530 Cal)
- black angus roast beef & cheddar (580 Cal)

**FRESH FRUIT & CHEESE TRAY** (2270 Cal per tray)  serves 5-8
seasonal fruit & assorted cheeses, accompanied by crackers & baguettes

**CREATE YOUR OWN SANDWICH PLATTER** (3310 Cal per platter)  serves 5-8
our lineup of fresh meats and cheeses served with an assortment of fresh baked breads, lettuce, tomatoes, kalamata olives & pickles

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Bon To Go — snack and meal boxes

**CHEESE & FRUIT (390 Cal)**
brie, cheddar cheese, apple, grapes, crackers

**FRUIT, EGG & NUTS (500 Cal)**
hardboiled egg, apple, grapes, cheddar cheese, mixed nuts

**HUMMUS & PRETZEL CRACKERS (300 Cal)**
hummus, cucumber, pretzel crackers

**SMOKED SALMON (200 Cal)**
smoked salmon, herb cream cheese, cucumber, tomatoes, pickled onions, greens, sprouted grain roll

**CAPRESE CHICKEN (310 Cal)**
chicken, fresh mozzarella, tomatoes, chickpea salad, greens, balsamic vinaigrette

**TUNA WRAP PACK (710 Cal)**
tuna salad and field greens on whole wheat wrap, pretzel crackers and brownie bites.

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ABP SWEET BITES (2420 Cal per tray) serves 10
assorted mini cookies and brownies & garnished with fresh berries

COOKIE COLLECTION
selection: chocolate chip (370 Cal), oatmeal raisin (290 Cal), mudslide (370 Cal), chunky peanut butter (400 Cal), english toffee (320 Cal) cranberry almond macaroon (290 Cal), raspberry filled shortbread cookie NEW! (230 Cal), gingerbread cookie NEW! (170 Cal)

MINI COOKIE ASSORTMENT (2940 Cal per tray) serves 8-12
an assortment of mini chocolate chip (90 Cal), oatmeal raisin (70 Cal), and english toffee (80 Cal) cookies

ABP SIGNATURE MINI CROISSANT TRAY
delicious assortment: apple (110 Cal), chocolate (230 Cal), sweet cheese (190 Cal) and raspberry cheese (160 Cal)

CREATE YOUR OWN DESSERT ASSORTMENT
• brownies (420/440 Cal)
• lemon pound cake (470 Cal)
• palmier (380 Cal)
• gingerbread pound cake NEW! (440 Cal)

NEW! HOLIDAY COOKIE PLATTER (2400 Cal per platter) serves 10-12
6 raspberry shortbread cookies and 6 gingerbread cookies

Ask about other options.

CHILLED BEVERAGES
Nantucket Nectars: Apple (220 Cal), Orange Mango (240 Cal), Ocean Spray: Cranberry (200 Cal), Apple (210 Cal), Orange Juice (210 Cal), Snapple: Diet Peach Tea (10 Cal), Lemon Tea (150 Cal), Perrier (0 Cal) (ask for available flavors)

ICED BEVERAGE BY THE QUART serves 3-4
• lemonade - 1 qt (390 Cal)
• strawberry lemonade - 1 qt (390 Cal)
• iced coffee - 1 qt (20 Cal)
• unsweetened tea - 1 qt (10 Cal)

SOFT DRINKS (20 OZ)
• Dasani Water (0 Cal)
• Aquafina Water (0 Cal)
• Pepsi (250 Cal)
• Diet Pepsi (0 Cal)

POLAND SPRING/ICE MOUNTAIN WATER (20 OZ) (0 Cal)

Not all items available in all markets.
Before placing your order, please inform an Au Bon Pain representative if a person in your party has a food allergy.
Our catering cancellation policy:
24 hours notice required for cancellation on all orders.
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