

CATERING BY
au bon pain®



fresh. delicious. delivered.

1-800-765-4227

www.aubonpain.com

breakfast

platters

ABP MORNING

PASTRY PLATTER

minimum of 5

variety of fresh baked goods and spreads. create your own assortment or have us choose for you.

- bagels: plain (230 Cal), asiago cheese (300 Cal), cinnamon raisin (240 Cal), everything (250 Cal), honey sprouted grain (260 Cal), sesame (250 Cal) and jalapeno cheddar (270 Cal)
- muffins: blueberry (480 Cal), corn (470 Cal), double chocolate (580 Cal), raisin bran (430 Cal), coffee cake muffin (630 Cal), **NEW!** cinnamon chip scone (460 Cal), **NEW!** blueberry scone (400 Cal)
- croissants: plain (280 Cal), chocolate (470 Cal), apple & cinnamon (220 Cal), sweet cheese (410 Cal) and almond (500 Cal)
- other pastries: **NEW!** raspberry & almond danish (500 Cal), sweet cheese danish (410 Cal) and cinnamon roll (550 Cal)
- spreads: butter (60 Cal), jam (35 Cal) & cream cheeses (90 - 150 Cal)

BAGELS & SPREADS

minimum of 5

- bagels: plain (230 Cal), asiago cheese (300 Cal), cinnamon raisin (240 Cal), everything (250 Cal), honey sprouted grain (260 Cal), sesame (250 Cal) and jalapeno cheddar (270 Cal)
- spreads: butter (60 Cal), jam (35 Cal) & cream cheeses (90 - 150 Cal)

SMOKED SALMON AND BAGEL BREAKFAST SERVICE

serves 5

assortment of freshly baked bagels, smoked salmon, spreads and accompaniments

- bagels: plain (230 Cal), asiago cheese (300 Cal), everything (250 Cal), honey sprouted grain, (260 Cal), sesame (250 Cal) and jalapeno cheddar (270 Cal)

accompaniments: smoked salmon, red onions, cucumbers, tomatoes, cream cheese, lemon slices & wasabi sauce (1080 Cal)

ABP SIGNATURE MINI PASTRIES

minimum of 5 pairs

assortment of mini sized freshly baked pastries and bagels. Served with butter & jam and a variety of cream cheeses.

mini bagels: plain (120 Cal), asiago cheese (150 Cal), cinnamon raisin (120 Cal) and sesame (130 Cal)

mini croissants: chocolate (230 Cal), apple cinnamon (110 Cal), sweet cheese (190 Cal)

- spreads included for bagels and mix & match: butter (60 Cal), jam (35 Cal) & cream cheeses (90 - 150 Cal)

BREAKFAST SANDWICHES

minimum of 5

warm bagels or ciabatta (200 Cal) filled with farm fresh eggs and your choice of cheddar cheese, hardwood-smoked bacon & cheddar or niman ranch sausage & cheddar. a breakfast classic.

- egg & cheddar (430 Cal)
- egg, applewood-smoked bacon & cheddar (450-570 Cal)
- egg, niman ranch sausage & cheddar (560-660 Cal)
- the good egg (540 Cal) — two eggs, cheddar cheese, tomatoes, avocado, spinach & lemon aioli on rustic baguette

substitute egg whites, add \$1.00 (subtract 70 Cal)

SAVORY WARM CROISSANTS

minimum of 5

warm from the oven, flaky croissants stuffed with ham and cheese or spinach and cheese. an Au Bon Pain specialty.

- ham & cheese croissant (410 Cal)
- spinach & cheese croissant (320 Cal)

FRESH FRUIT PLATTER (620 Cal per platter)

serves 5-8

a selection of seasonal fresh fruit

INDIVIDUAL YOGURT & FRUIT PARFAITS

layered with yogurt, berries, and housemade granola

- low-fat blueberry yogurt with wild blueberries (380 Cal)
- non-fat greek vanilla yogurt with blueberries (340 Cal)
- non-fat greek vanilla yogurt with strawberries (340 Cal)

OATMEAL BAR (3670 Cal per bar)

serves 8

includes toppings: brown sugar (430 Cal), raisins (340), sliced almonds (650 Cal), sweetened dried cranberries (390) & chocolate chips (610 Cal)

beverage service

FRESHLY BREWED (25 Cal per box)

(10 cups)

- **signature french roast** (96 oz) - Our freshly brewed signature french roast coffee. Served with cups, a variety of sweeteners, creamers and coffee stirrers.
- **signature decaf french roast** (96 oz) - Our freshly brewed signature decaf French roast coffee. Served with cups, a variety of sweeteners, creamers and coffee stirrers.
- **tea** (96 oz) - An assortment of teas served with hot water, cups, lemon, a variety of sweeteners, creamers and stirrers.

HOT CHOCOLATE 84 oz; (270 Cal per cup)

(10 cups)

creamy hot chocolate made with whole milk and chocolate sauce. served with cups and stirrers.

FLORIDA ORANGE JUICE (880 Cal)

serves 10

a half gallon of refreshing orange juice served with beverage cups.

Additional nutrition information available upon request.

2000 calories a day is used for general nutrition advice, but calorie needs vary.

lunch

DELUXE LUNCH

increments of 5

A selection of our signature sandwiches and wraps paired with a fresh salad, dill pickles, chips and freshly baked cookies

- sandwiches (480-700 Cal) and wraps (530-580 Cal)
- garden or caesar salad (390/730 Cal)
- potato chips (130-210 Cal)
- dill pickles (5 Cal)
- freshly baked cookies (290-400 Cal)

CLASSIC LUNCH

minimum of 5

A variety of our signature sandwiches and wraps. served with dill pickles, chips and freshly baked cookies

- sandwiches (480-700 Cal)
- wraps (530-580 Cal)
- potato chips (130-210 Cal)
- dill pickles (5 Cal)
- freshly baked cookies (290-400 Cal)

ABP BOARDROOM LUNCH

increments of 5

assorted signature sandwiches and wraps paired with our roasted veggie & hummus platter, a fresh salad and our sweet bites platter

- sandwiches (480-700 Cal) and wraps (530-580 Cal)
- roasted veggie & hummus platter (1170 Cal)
- crackers & baguettes (1430 Cal)
- garden salad (390 Cal)
- sweet bites platter (2420 Cal)

ABP SIGNATURE SANDWICH TRAY

minimum of 5

select from our extensive list of signature sandwiches served on fresh baked breads (country white, ciabatta, baguette, sprouted grain roll) and wraps

- sandwiches (480-700 Cal) • wraps (530-630 Cal)

SANDWICH LUNCH BOX

minimum of 5

signature sandwich or wrap, served with potato chips & a freshly baked cookie or whole fruit

- sandwiches (480-700 Cal) • wraps (530-580 Cal)
- potato chips (130-210 Cal) • freshly baked cookies (290-400 Cal)
- whole fruit (120 Cal)

SALAD LUNCH BOX

minimum of 5

entrée salad served with semolina bread and a freshly baked cookie or whole fruit

- salad (90-300 Cal) • semolina bread (200 Cal)
- whole fruit (120 Cal) • freshly baked cookies (290-400 Cal)

Going gluten-free? Substitute potato chips (130-210 Cal) for the semolina bread for just \$1.00 more.

add a side to your lunch box!

- fruit salad (50 Cal)
- caprese salad (150 Cal)
- cucumber & tomato salad (25 Cal)
- **NEW!** mediterranean chickpea salad (120 Cal)
- KIND® bar (190/200 Cal)

entrée salads

HARVEST TURKEY (1580 Cal per bowl)

serves 5-8

roast turkey with romaine & spinach, cranberries, grapes, granny smith apples, walnuts & goat cheese

CHEF'S SALAD (1110 Cal per bowl)

serves 5-8

romaine & field greens, roast turkey, carver ham, hardwood-smoked bacon, asiago & tomatoes

V GARDEN SALAD (390 Cal per bowl)

serves 5-8

fresh romaine & field greens, diced tomatoes, shredded carrots, cucumbers and crispy croutons

- with chicken (1580 Cal per bowl)

V CAESAR ASIAGO (650 Cal per bowl)

serves 5-8

fresh romaine, crispy croutons and asiago cheese

- with chicken (1160 Cal per bowl)

V VEGETARIAN DELUXE SALAD (1070 Cal per bowl)

serves 5-8

romaine & field greens, roasted peppers, kalamata olives, feta, tomatoes, cucumbers, carrots, chickpeas & red onions

- with chicken (1580 Cal per bowl)

CHICKEN COBB AVOCADO (1860 Cal per bowl) serves 5-8

chicken, fresh avocado, romaine & field greens, hardwood-smoked bacon, gorgonzola, hard boiled egg, tomatoes & cucumbers

THAI PEANUT CHICKEN (1000 Cal per bowl)

serves 5-8

chicken, romaine & field greens, cucumbers, tomatoes, carrots & crispy wontons

SOUTHWEST CHICKEN (1530 Cal per bowl)

serves 5-8

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, tomatoes & crispy wontons

All salads served with assorted dressings: avocado green goddess (140 Cal), balsamic vinaigrette (90 Cal), caesar (200 Cal), chili lime vinaigrette (120 Cal), lite citrus lime (120 Cal), lemon vinaigrette (160 cal), ranch (190 Cal), Thai (140 Cal)

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signature sandwiches

HERB CHICKEN SALAD (490 Cal)

on semolina – chicken mixed with ABP signature herb blend & avocado dressing, tomatoes, cucumbers, shredded carrots & field greens

TURKEY CLUB (600 Cal)

on country white – with cheddar, hardwood-smoked bacon, tomatoes, field greens & mayo

V TWO TOMATO CAPRESE (560 Cal)

on ciabatta – with fresh mozzarella, tomato bruschetta, fresh tomatoes, arugula & balsamic glaze

V CHIPOTLE BLACK BEAN BURGER WITH AVOCADO (690 Cal)

on ciabatta – with NY cheddar, fresh avocado, pickled red onions, tomatoes & chipotle mayo

CHIPOTLE TURKEY & AVOCADO (700 Cal)

on ciabatta - with fresh avocado, cheddar, roasted baby tomatoes, arugula & chipotle mayo

CHICKEN & AVOCADO (600 Cal)

on semolina – with fresh avocado, hardwood-smoked bacon, tomatoes, field greens & basil aioli

NEW! PRIME ROAST BEEF (620 Cal)

on rustic baguette- with NY cheddar, pickled red onions, smoky bbq sauce and garlic spread

TUNA SALAD (480 Cal)

on sprouted grain roll – tuna, ABP signature herb blend & avocado dressing, tomatoes, cucumbers, shredded carrots & field greens

HAM & TWO CHEESE (590 Cal)

on sprouted grain - ham with cheddar, Swiss, tomatoes, arugula & dijonaise



wraps

THAI PEANUT CHICKEN (560 Cal)

with tomatoes, cucumbers, carrots, crispy wontons, romaine, field greens & Thai dressing

NEW! SWEET TURKEY WRAP (580 Cal)

with NY cheddar, apple cabbage slaw, field greens and smoky bbq sauce in a whole wheat wrap

CHICKEN CAESAR (560 Cal)

with asiago cheese, romaine & caesar dressing.

V VEGGIE & HUMMUS (540 Cal)

with hummus, cucumbers, tomato bruschetta, carrots, chickpeas, romaine, field greens, feta & balsamic vinaigrette in a whole wheat wrap

NAPA CHICKEN WITH AVOCADO (550 Cal)

with fresh avocado, tomatoes, cucumbers, romaine, basil aioli & lite lemon shallot vinaigrette

INDIVIDUAL BAGS OF CHIPS

- ABP Original Potato Chips (210 Cal)
- ABP Barbeque Chips (200 Cal)
- ABP Salt & Vinegar Chips (200 Cal)
- Baked Lays (130 Cal)
- Skinny Pop Popcorn (100 Cal)
- Snyders Mini-Pretzels (110 Cal)
- Food Should Taste Good Multigrain (210 Cal)

Selections may vary by location.

Not all items available in all markets.

Before placing your order, please inform an Au Bon Pain representative if a person in your party has a food allergy.

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turkey and chicken.
no antibiotics. ever.

side salads

MEDITERRANEAN PASTA SALAD (320 Cal per serving)

penne pasta tossed with roasted red peppers, kalamata olives, feta, our cherry tomato bruschetta and balsamic vinaigrette **serves 5**

CAPRESE (270 Cal per serving)

ripe roma tomatoes and fresh mozzarella tossed with kalamata olives and a light balsamic vinaigrette **serves 5**

CUCUMBER & TOMATO (40 Cal per serving)

ripe roma tomatoes, fresh cucumbers, shredded carrots and red onion finished with a splash of fresh lemon juice, salt and pepper **serves 5**

ROASTED ASPARAGUS (70 Cal per serving) **serves 5**

cooled roasted asparagus topped with sliced almonds and feta cheese

FRESH FRUIT PLATTER (620 Cal per platter) **serves 5-8**

a selection of sliced seasonal fresh fruit and berries. perfect for breakfast, as a side or as a refreshing dessert.

BREAD BASKET (1580 Cal per basket) **serves 5**

an assortment of our freshly baked breadsticks and baguettes

soup

SPECIALTY SOUP

serves 8

accompanied by basket of freshly baked breadsticks and baguettes (1580 Cal per basket)

- **beef & vegetable stew** - 64 fl oz (1840 Cal)
chunks of tender beef simmered in a burgundy laced gravy with pearl onions, celery, tomatoes, petite carrots and russet potatoes

- **chicken & vegetable stew** - 64 fl oz (1760 Cal)
pearl onions, russet potatoes, carrots, celery, and shiitake mushrooms are simmered in a burgundy scented broth with tender morsels of chicken, petite peas, and sweet cream

- **macaroni & cheese** - 64 fl oz (4720 Cal)
pasta shells in a creamy cheddar and parmesan cheese sauce

- **turkey chili** - 64 fl oz (1760 Cal)
a hearty and healthy medley of ground turkey, black beans and flavorful vegetables in a tomato base with just a touch of spice

SOUP

serves 8

accompanied by basket of freshly baked breadsticks and baguettes (1580 Cal per basket)

- **broccoli cheddar** - 64 fl oz (1760 Cal)
chopped broccoli and broccoli florets simmered in a velvety chicken broth seasoned with grated cheddar cheese, herbs and sweet onions

- **chicken noodle** - 64 fl oz (640 Cal)
chicken breast simmered in a chicken broth with tender egg noodles, carrots, onions, celery and select herbs

- **clam chowder** - 64 fl oz (1840 Cal)
chopped sea clams and diced russet potatoes blended with celery, onions, clam nectar, light cream and select seasonings

- **baked stuffed potato** - 64 fl oz (2080 Cal)
russet potatoes with smoked bacon in a rich cream sauce with spring onions and chive

Many more to choose from. Ask about our weekly options.



party platters

ABP SIGNATURE ROASTED VEGGIES & HUMMUS PLATTER (1130 Cal per platter)

serves 5-8

an artfully displayed mix of roasted asparagus, carrots, eggplant, green beans, red bell peppers, red onion and roma tomatoes. sprinkled with feta, garnished with kalamata olives and served with our creamy hummus for dipping. accompanied by freshly baked baguettes and crispy crackers.

ASSORTED FINGER SANDWICHES (2370 Cal per platter)

serves 8 snack portions

A variety of bite-sized sandwiches served on freshly baked bread

- turkey & cheddar on sprouted grain (670 Cal)
- prime roast beef on sprouted grain (590 Cal)
- ✓ • two tomato caprese on rustic baguette (530 Cal)
- ham & two cheese on rustic baguette (580 Cal)

FRESH FRUIT & CHEESE TRAY (2270 Cal per tray)

serves 5-8

seasonal fruit & assorted cheeses, accompanied by fresh baked baguettes and crispy crackers. a party favorite.

CREATE YOUR OWN SANDWICH PLATTER (4150 Cal per platter)

serves 5-8

our lineup of fresh meats and cheeses served with an assortment of fresh baked breads, lettuce, tomatoes, kalamata olives & pickles

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Bon To Go — snack and meal boxes

CHEESE & FRUIT (390 Cal)

brie, cheddar cheese, apple, grapes, crackers

FRUIT, EGG & NUTS (500 Cal)

hardboiled egg, apple, grapes, cheddar cheese, mixed nuts

HUMMUS & PRETZEL CRACKERS (300 Cal)

hummus, cucumber, pretzel crackers

SMOKED SALMON (200 Cal)

smoked salmon, herb cream cheese, cucumber, tomatoes, pickled onions, greens, sprouted grain roll

CAPRESE CHICKEN (310 Cal)

chicken, fresh mozzarella, tomatoes, chickpea salad, greens, balsamic vinaigrette

SWEET TURKEY WRAP PACK (850 Cal)

turkey with NY cheddar, apple cabbage slaw, field greens and smoky bbq sauce in a whole wheat wrap, pretzel crackers, and brownie bites.

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sweets

ABP SWEET BITES (2420 Cal per tray)

serves 10

an assortment of freshly baked mini chocolate chip, mini oatmeal raisin and mini English toffee cookies, along with our brownie bites and garnished with fresh berries

COOKIE COLLECTION

minimum of 5

a selection from our abundant list of fresh baked cookies:

NEW! reese's peanut butter cup (630 Cal), chocolate chip (370 Cal), oatmeal raisin (290 Cal), mudslide (370 Cal), English toffee (320 Cal), cranberry almond macaroon (290 Cal).

make your own selections or allow us to send a variety of options

MINI COOKIE ASSORTMENT (2940 Cal per tray)

serves 8-12

twelve each of our mini chocolate chip (90 Cal), mini oatmeal raisin (70 Cal) and mini English toffee (80 Cal) cookies

CREATE YOUR OWN DESSERT ASSORTMENT

minimum of 5

- chocolate chip brownies (440 Cal)
- iced carrot cake (430 Cal)
- lemon pound cake (470 Cal)
- palmier (380 Cal)
- gluten-free marshmallow bar (250 Cal)

Ask about other options.

FRESH FRUIT PLATTER (620 Cal per platter) serves 5-8

a selection of sliced seasonal fresh fruit and berries. perfect for breakfast, as a side or as a refreshing dessert.

FRESH FRUIT & CHEESE TRAY (2270 Cal per tray)

seasonal fruit & assorted cheeses, accompanied by fresh baked baguettes and crispy crackers. a party favorite.



drinks

HALF GALLON ICED BEVERAGES

- lemonade (780 Cal)
- strawberry lemonade (780 Cal)
- unsweetened tea (20 Cal)
- iced coffee (40 Cal)

CHILLED BEVERAGES

Nantucket Nectars: Apple (220 Cal), Orange Mango (240 Cal), Ocean Spray: Cranberry (200 Cal), Apple (210 Cal), Orange Juice (210 Cal), Snapple: Diet Peach Tea (10 Cal), Lemon Tea (150 Cal), Perrier (0 Cal) (ask for available flavors)

SOFT DRINKS (20 OZ)

- Dasani Water (0 Cal)
- Aquafina Water (0 Cal)
- Poland Spring Water (0 Cal)
- Ice Mountain Water (0 Cal)
- Pepsi (250 Cal)
- Diet Pepsi (0 Cal)
- Coke (240 Cal)
- Diet Coke (0 Cal)
- Sprite Zero (0 Cal)

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Our catering cancellation policy:

24 hours notice required for cancellation on all orders.

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