CAFÉ MENU

BAGELS
- plain
- sesame
- asiago cheese
- jalepeno cheddar
- everything
- cinnamon raisin
- skinny wheat

OTHER
- cinnamon swirl roll
- double chocolate brownie
- brownie bites
- sweet cheese danish
- seasonal danish
- lemon pound cake
- rustic baguette
- semolina baguette
- asiago breadstick
- ancient grain
- everything artisan
- farmhouse roll

GLUTEN FREE
- chewy marshmallow bar
THE GOOD EGG | 490 CAL
on rustic baguette—two eggs, NY cheddar, tomatoes, avocado, spinach & lemon aioli

POWER PROTEIN WRAP | 820 CAL
two eggs, turkey sausage, NY cheddar & avocado with spinach, tomatoes & ABP’s own herb aioli in a flour tortilla

EGG WHITES & CHEDDAR | 210 CAL
on skinny wheat bagel

EGG WHITES, CHEDDAR & AVOCADO | 360 CAL
on skinny wheat bagel with butter

2 EGG & CHEDDAR | 290–460 CAL
on plain bagel, skinny wheat bagel or ciabatta with turkey sausage | add 80 Cal
with hardwood smoked bacon | add 50 Cal
with carver ham | add 70 Cal
substitute egg whites subtract 70 Cal

SMOKED SALMON AVOCADO | 470 CAL
on ciabatta—cucumbers, pickled red onions, arugula & lemon aioli

TOASTED BAGEL & CREAM CHEESE | 180–420 CAL

HOT OATMEAL
170–340 CAL

OVERNIGHT OATS
410 CAL

FRUIT CUP
70/140 CAL

YOGURT PARFAIT
320–370 CAL

ORANGE JUICE
110/220 CAL

BEVERAGES

COLD BEVERAGES
Coca-Cola® products
bottled water
Perrier®
Vitamin Water®
Nantucket Nectars®
Snapple®
Poland Spring
Sparkling Water®
lemonade
iced coffee
iced tea

HOT BEVERAGES
coffee
french roast
morning blend
french roast
decaf
french vanilla
hazelnut
espresso
caffe latte
cappuccino
mocha latte
vanilla latte
caramel
macchiato
caffe americano
espresso
chai latte
hot chocolate
hot tea
SPECIALTY SALADS

CHICKEN COBB AVOCADO | 640 CAL  
chicken, romaine & field greens, fresh avocado, hardwood smoked bacon, gorgonzola, hard boiled egg, grape tomatoes, cucumbers & green goddess dressing

CHEF | 480 CAL  
fresh diced turkey & ham, romaine & field greens, hardwood smoked bacon, asiago cheese, grape tomatoes & ranch dressing

SOUTHWEST CHICKEN | 500 CAL  
marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, grape tomatoes & ranch dressing

CHICKEN CAESAR ASIAGO | 480 CAL  
chicken, romaine, housemade croutons, asiago cheese & caesar dressing

CAESAR WITHOUT CHICKEN | 380 CAL  
MEDITERRANEAN | 450 CAL  
romaine & field greens, hummus, fresh avocado, kalamata olives, feta, grape tomatoes, red bell peppers, cucumbers & balsamic vinaigrette

SOUPS

italian wedding  
turkey chili  
12 veggie  
macaroni & cheese  
tomato basil bisque  
broccoli cheddar  
chicken noodle  
lemon orzo chicken  
baked stuffed potato  
southwest tortilla  
clam chowder  
and more varieties

Soup varieties vary by day - check our website or your local cafe for today’s options.

Additional nutrition information available upon request.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
SIGNATURE SANDWICHES

SERVED HOT

NEWPORT TURKEY | 630 CAL
on country white—with fresh avocado, NY cheddar & zesty honey mustard

TOASTED CHICKEN & AVOCADO | 640 CAL
on toasted semolina—with hardwood smoked bacon, fresh avocado, tomatoes, field greens & basil aioli

EXTRA BACON BLT | 600 CAL
on toasted rustic baguette—6 slices of hardwood smoked bacon, tomatoes, field greens & mayo

CHIPOTLE BLACK BEAN BURGER WITH AVOCADO | 740 CAL
on ciabatta—with NY cheddar, fresh avocado, pickled red onions, tomatoes & chipotle mayo

COUNTRY GRILLED CHEESE | 570 CAL
on country white—with four cheese blend, hardwood smoked bacon & tomatoes

SMOKY BBQ CHICKEN MELT | 650 CAL
on rustic baguette—with NY cheddar, zesty spread & vidalia coleslaw

SERVED HOT OR COLD

CHIPOTLE TURKEY & AVOCADO | 770 CAL
on ciabatta—with fresh avocado, NY cheddar, tomato basil bruschetta, arugula & chipotle mayo

CAPRESE | 620 CAL
on ciabatta—with fresh mozzarella, tomatoes, arugula & pesto
WITH CHICKEN | 710 CAL

CORDON BLEU | 620 CAL
on toasted semolina—with fresh sliced ham & chicken, swiss, dijonnaise, pickled red onions, spinach & lemon vinaigrette

SPICY TUNA MELT | 550 CAL
on country white—with tuna and ABP signature herb blend mixed with mayo, NY cheddar, tomatoes, red onions, sliced jalapenos & dijon mustard
CAFÉ SANDWICHES

TURKEY CLUB | 590 CAL
on toasted country white—with NY cheddar, hardwood smoked bacon, tomatoes, field greens & mayo

ABP’S ORIGINAL CHICKEN SALAD | 490 CAL
on toasted croissant—with chicken, cranberries and toasted almonds mixed with mayo, tomatoes & field greens

CLASSIC TUNA SALAD | 480 CAL
on toasted croissant—with tuna and ABP signature herb blend mixed with mayo, tomatoes, field greens & red onions

WRAPS

NAPA CHICKEN WITH AVOCADO | 580 CAL
with fresh avocado, tomatoes, cucumbers, romaine, basil aioli & lemon vinaigrette

CHICKEN CAESAR | 610 CAL
with asiago cheese, romaine & caesar dressing

TURKEY COBB | 680 CAL
with fresh avocado, gorgonzola, hard boiled egg, hardwood smoked bacon, cucumbers, tomatoes, field greens & caesar dressing in a whole wheat wrap

MEDITERRANEAN | 660 CAL
with hummus, fresh avocado, kalamata olives, feta, tomatoes, red bell peppers, cucumbers, romaine, field greens & lemon vinaigrette in a whole wheat wrap
Grab one of our pre-made salads, sandwiches, wraps or delicious baked goods. Made fresh every day, throughout the day. Customize your made-to-order sandwich or salad. Just ask. Please visit aubonpain.com or nutrition kiosks in our cafés for all nutritional information. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. Before placing your order, please inform your server if a person in your party has a food allergy. All items are subject to change. Please check with the café to confirm item availability.

Au Bon Pain • 3304 Essex Drive • Richardson, TX 75082